



## **ALLORAH'S INSIGHTS**

January 1, 2009

We have crossed the threshold from 2008 to 2009. Saturn in Virgo has been relentlessly calling our attention to that which must be corrected. Last year, it was as if the Tower card had come to life as a horrifying action movie in which we were all trapped. Collectively, we were stunned to see institutions fall and impropriety revealed. As Saturn is winding down its visit in Virgo, we are preparing to start rebuilding.

As with any disaster, we must begin by clearing away the rubble. Then we will prepare the ground for a new foundation upon which we can build a healthy structure. This particular growth spurt provides us the opportunity to move from a win/ lose (aka: lose/ lose) mindset to a win/ win mindset. It is up to each of us to choose constructive or destructive and life-affirming or not life-affirming.

How this looks to me on an energetic level would be a parallel to the story of the Hebrews leaving enslavement in Egypt for the promised land. I tend to be spiritual rather than religious, so my take on the story may be a bit unconventional. I think that the Divine intention might have been: to free all people (both the oppressed and the oppressor) from the concept of oppression. As it played out, only the Hebrews were able to make the journey and it was quite a challenge for them to make it out of Egypt (slave mentality), and through the desert (purification of toxic thinking), in order to arrive in the Promised Land (remembrance of their divine nature).

Ultimately, heaven and hell are states of consciousness rather than physical real estate. As such, even in our perfectly connected consciousness, there will be days when we are harshly mindful of feeling small and disconnected from Source. In practicing the Law of Attraction our primary work is to return to centre by consistently returning to the state of our desired emotion(s). Use your imagination to answer the following; how would having "whatever" it is you desire, feel? The truth is we are always seeking to feel good and we base our desires on what we think or believe will make us feel good.

The real reason we are taught to focus on feeling, is that we truly are energetic beings and as such, it is the energy of emotion that feeds us or depletes us. Our experience is created from our emotions. Ironically, how we feel about our experience impacts the next experience. So, like it or hate it, make the needed adjustment in order that you can truly love more of it all most of the time.

We are in a time of great and profound change and we can each contribute to the healing of the devastation around us and within us. I ask you to be a conduit of blessings both to yourself and the world around you. Watch as your consciousness becomes more connected to your self, your loved ones and eventually the world. Your global consciousness will blossom into cosmic consciousness and then there is no thing that is impossible because you will remember the infinite permanence of love that you are. In this state, on a more constant basis, love and good feelings always are; and they will get better, and more magnificent all the time.

Namaste,  
Allorah